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AI Quickstart for AI for massage therapists

The realistic AI use cases on one page — no hype, with clear limits.

AI for massage therapists — where it really saves time

- 1. Answering booking enquiries and enquiry emails
- 2. Appointment reminders and follow-up texts
- 3. Practice organisation and workflows
- 4. Responding to online reviews
- 5. Website copy and social media posts

Limit: AI gives you drafts, no guarantees. The professional and legal final check always stays with you.

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